

PHYSICAL EDUCATION



OUR INTENT

We aim to provide a broad and balanced education, giving all pupils, particularly the most disadvantaged, the skills and experiences they need to succeed in life and to be able to apply these in relevant situations. Our PE curriculum is designed to meet the needs of our community with a particular emphasis on our Kings Road values. Through these values, we can support pupils' physical and emotional development to enable them to participate in a wide range of sports and activities that they would not otherwise have access to. Every pupil is taught 2 hours of PE a week to achieve this. Mental health and well-being of our pupils is promoted through sport and competition. We intend for all pupils to engage in level 1 competition (within school) and give as many as possible the opportunity to engage in level 2 competition (with other schools).

IMPLEMENTATION

We use an online platform for our PE planning: [peplanning.org.uk](https://www.peplanning.org.uk). Each teacher has their own login information and has access to a wide range of plans for each year group, as well as some teaching resources and assessment tools. PE should be taught for 2 hours a week; this can be 2 separate sessions or a whole afternoon. Some year groups will have

sessions taught by our sports coach, meaning the class teacher will do the other session. We also provide the opportunity for Y6 children to become Bronze Ambassadors who are trained by CSSP; they attend competitions, as well as run lunchtime clubs for younger year groups.

IMPACT

We should see a progression of skills as we move up through the year groups. In EYFS and KS1, particular attention should be paid towards Motor Competence and Fundamental Movement Skills (FMS). By KS2, pupils should be demonstrating proficiency in FMS. Pupils should continue to progress and demonstrate proficient Motor Competence. There should be: increased attention towards rules, strategies and tactics; an increased emphasis on healthy participation; a focus on making safe long-term decisions and developing an understanding of the relationships between physical activity and its effect on the body. The range of transferrable skills children learn in PE should give a platform for children to take up a new sport or physical activity in the future. They should also gain a life-long understanding of the importance of exercise on living a healthy, happy life.